infant
massage
information
service

Australia's largest provider of infant massage training





Infant Massage Information Service

COURSE PROSPECTUS

Qualifications in infant massage

CERTIFICATES IN:
Infant Massage Instruction
Paediatric Massage Consultancy

Trusted by organisations including:

centacare Catholic Community Services
KCS Kogarah Community Services
Peppercorn Bringing the Hawkesbury Together
Wuchopperen Health Service Ltd
Rev Bill Crews Foundation
Starick Building futures free from violence
Mookai Rosie Bi-Bayan



Course Content

The IMIS curriculum combines practical infant massage training with evidence-informed learning relating to attachment, infant development, emotional wellbeing, responsive caregiving and professional practice.

Responsive Infant Massage Techniques

Learn practical infant massage techniques, cue recognition, positioning, relaxation techniques and massage adaptations across infancy and childhood.

Infant Development and Emotional Wellbeing

Explore attachment, co-regulation, infant mental health, emotional development and the role of nurturing touch in early relationships.

Research and Evidence-Informed Practice

Develop confidence understanding current research relating to infant massage, touch, sensory development, bonding and responsive caregiving.

Supporting Diverse Needs

Learn considerations relating to gastrointestinal discomfort, prematurity, medical fragility, neurodevelopmental differences, sensory sensitivities and inclusive practice.

Facilitating Infant Massage Sessions

Build confidence facilitating infant massage sessions in group and one-on-one settings using a calm, flexible and family-centred approach.

Professional Practice and Service Delivery

Explore professional boundaries, communication, session planning and practical considerations involved in integrating infant massage into professional roles or services.

Training Options

Complete your qualification either through a three-day face-to-face course or study online at your own pace.

Face-to-face courses are offered at locations throughout Australia. Online intakes commence every month, allowing you to begin your training throughout the year. Places in both face-to-face courses and online intakes are limited to ensure every student receives personalised support throughout their training.

Visit babymassage.net.au/train → to view current course dates, locations, online intakes and qualification options.

Here to help whenever you need us.

Throughout your training, experienced trainers are available to answer questions, provide guidance and support your progress. After certification, you'll continue to have access to ongoing professional support, resources and optional continuing professional development to help you confidently use your qualification in practice.

Certificate Qualifications

IMIS offers two qualification options.

Both include the same infant massage training.

The comparison below outlines the key differences between each qualification pathway in infant massage training.



	CIMI	PMC
Who it's for	Suitable for people from all backgrounds.	Suitable for people with a relevant professional background.
What you'll do	Guide and support parents to massage their child.	Guide and support parents to massage their child, and present infant massage theory, evidence and research to professional groups.
You'll receive	Certified Infant Massage Instructor (CIMI) qualification.	Certified Infant Massage Instructor (CIMI) and the Paediatric Massage Consultant (PMC) qualification.

Using Your Qualification

IMIS qualifications can be used throughout Australia and internationally.

Graduates use their qualifications in many different ways depending on their background, interests and professional goals. Some incorporate infant massage into an existing role, while others establish infant massage services within healthcare, early childhood, community organisations or private practice.

For current course dates, study options and enrolment information, visit babymassage.net.au

Course Fees

Choose the enrolment pack that's right for you. Whether you're looking for the essentials or a comprehensive resource package to help you begin offering infant massage sessions straight away, IMIS offers three enrolment pack options.

BRONZE
Essential training resources.

SILVER
Everything in Bronze, plus marketing materials.

GOLD
Our most comprehensive enrolment pack, including the full resource package to help you begin using your qualification with confidence.



International Students:

An additional international student fee of $175 (AUD) applies to students living outside Australia.

Flexible Payment Options

We offer flexible payment options to make training more accessible.

Choose to:

- Pay in full at enrolment.
- Secure your place with a $250 part payment and continue with interest-free instalments.
- Pay your remaining balance using a 7-day invoice after your initial $250 payment.

Course fees must be finalised before your training commences.

Current Course Fees

Course fees and enrolment pack pricing are available online.

Visit **babymassage.net.au/fees** or contact IMIS if you'd like help choosing the enrolment option that's right for you.

Payment Information

We accept MasterCard, Visa, internet transfer and Commonwealth Bank branch cash deposits.

Organisations, government departments and health services may register staff using a purchase order. IMIS will issue an invoice for payment.

Please note: A purchase order does not replace payment. Course fees must be paid in full before training commences.

Need help choosing the right enrolment option? We're happy to help.

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